



Standard Practice for Reprocessing of Reusable, Heat-Stable Endoscopic Accessory Instruments (EAI) Used with Flexible Endoscopes¹

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1. Scope

1.1 This practice covers reusable, heat-stable endoscopic accessory instruments (EAI) designed to be inserted into flexible endoscopes and clearly defined in the user instructions as devices intended for reuse among patients. The EAIs covered by this practice may or may not have lumens or loosely joined surfaces, may or may not have access ports for flushing, and may or may not be capable of being completely disassembled prior to reprocessing.

1.2 This practice is not intended to be applied to the reprocessing of single-use, disposable EAIs specifically designed and labeled as such by their manufacturers.

1.3 This practice is not intended to address reprocessing of heat-sensitive EAIs, for example, those not capable of withstanding heat sterilization. Reprocessing of each heat-sensitive EAI must be considered on an individual basis according to specific instructions from the manufacturers of the EAI and the low-temperature sterilization device.

1.4 This practice is intended to complement, not replace, the instructions provided by product manufacturers. EAI manufacturers should provide properly validated instruction and labeling necessary for users to understand the basic design, specifications, nomenclature, and components of specific accessories and to properly inspect, prepare, use, reprocess, and store these instruments.

1.5 Endoscopic technique and the medical aspects of endoscopy are not covered in this practice.

1.6 This practice details the basic steps necessary to reprocess a heat-stable EAI and render it patient-ready.

1.7 A patient-ready EAI is one that has been thoroughly cleaned using a validated cleaning procedure, rinsed with water to remove residual detergent, lubricated (if necessary) and drained to remove excess lubricant, dried, packaged, heat sterilized and stored to prevent from being compromised sterility before use.

1.8 This practice describes only manual reprocessing and

does not address cleaning of an EAI by an automated reprocessing device.

1.9 To ensure the proper adherence to this practice, reprocessing personnel should meet certain requirements as specified in 5.5 to 5.7.

1.10 This practice does not address the steps necessary for the reprocessing of flexible endoscopes (see Practice F 1518).

1.11 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and to determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:

F 1518 Practice for Cleaning and Disinfection of Flexible Fiberoptic and Video Endoscopes Used in the Examination of the Hollow Viscera²

3. Terminology

3.1 Definitions of Terms Specific to this Standard:

3.1.1 *clean, adj*—visibly free from external debris after a thorough, manufacturer-validated regimen.

3.1.2 *critical medical device, n*—an instrument that may be introduced directly into the bloodstream or into other normally sterile areas of the body, that is, an invasive device.

3.1.3 *endoscopic accessory instrument, EAI, n*—medical instrument designed to be inserted into a flexible endoscope.

3.1.3.1 *Discussion*—EAIs may be critical- or semi-critical devices. EAIs may or may not have lumens, porous or loosely joined surfaces, or access ports for flushing and may or may not be capable of being completely disassembled during reprocessing.

3.1.4 *flexible endoscope, n*—a flexible tubular instrument that utilizes fiberoptic or video imaging technology to examine the interior of a canal or hollow viscus.

3.1.5 *heat-stable medical device, n*—an instrument capable of withstanding sterilization using a heat-based process.

3.1.6 *lubrication, n*—the application of a substance used to reduce friction or wear.

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² *Annual Book of ASTM Standards*, Vol 13.01.

3.1.7 *manual cleaning, n*—removal of debris from an instrument by hand using detergent solution, cleaning devices such as brushes, cloths, and irrigating devices, and water for rinsing.

3.1.8 *patient-ready, adj*—term used to describe endoscopic accessory instrument that, following prior patient use, has undergone an appropriate reprocessing protocol, including heat sterilization, to render it safe, as established by contemporary professional standards, for use on a subsequent patient; an operational check to ensure proper functionality is an essential component of preparing the EAI for reuse.

3.1.9 *reprocessing, n*—the precise sequence of cleaning, lubricating (if necessary), and sterilizing steps that, when performed properly and completely, will assure an endoscopic accessory instrument is patient-ready.

3.1.10 *reusable, adj*—instrument designed and validated by the manufacturer to be used more than once, provided that after each use, an appropriate reprocessing protocol and functionality check is performed.

3.1.11 *semi-critical medical device, n*—an instrument intended to contact only mucous membranes or non-intact skin during use.

3.1.12 *sterilization, n*—the complete elimination or destruction of all forms of microbial life, including high numbers of bacterial spores.

3.1.12.1 *Discussion*—In this standard, the only methods of sterilization considered are heat-based, for example, saturated steam under pressure (a steam autoclave) or a forced-air dry heat oven certified for medical use.

3.1.13 *ultrasonic cleaning, n*—a process in which ultra-high frequency sound waves are converted into mechanical vibrations capable of cleaning via a process called cavitation.

3.1.13.1 *Discussion*—During cavitation, microscopic bubbles in the cleaning solution implode (burst inward), resulting in a vacuum action that pulls soil and debris away from the surface of items being cleaned.

4. Summary of Practice

4.1 Each brand, type, and model of EAI has unique specifications, nomenclature, interior design, function, and components.

4.2 Most EAIs are critical medical devices because they come into direct contact with the bloodstream, enter normally sterile areas of the body, or break normally intact mucosal surfaces.

4.3 To prevent patient-to-patient transmission of infection, heat-stable EAIs should be thoroughly cleaned, rinsed, lubricated if necessary, dried, packaged, and sterilized using a heat-based process, for example, a steam autoclave or a forced-air dry heat oven.

4.4 After sterilization, a packaged EAI should be stored in a limited-access, well-ventilated area that provides protection from dust, moisture, and extremes of temperature and humidity so as not to compromise sterility before use.

4.5 Before use, the EAI should be tested for functionality.

5. Significance and Use

5.1 EAIs may have design features such as coiled metal sheaths, pivoting joints, opposed surfaces, and internal lumens

or wires which make visual inspection for cleanliness difficult if not impossible.

5.2 By nature of their design requirements, EAIs are more difficult to reprocess than many other types of medical instruments.

5.3 Because EAIs are used to diagnose and treat disease in both immunocompetent and immunocompromised individuals, care must be taken to ensure that only patient-ready devices are used for examination.

5.4 The use of EAIs in patients having diagnosed or suspected infections such as hepatitis B, hepatitis C, or human immunodeficiency virus (HIV) is not contraindicated. Further, EAIs need not be dedicated for use only in these patients.

5.5 Persons responsible for reprocessing must understand the specifications, nomenclature, function of component parts, and interior design of EAIs in order to render them patient-ready.

5.6 Persons responsible for reprocessing EAIs should follow this practice and associated labeling and instructions from manufacturers after each endoscopic procedure to ensure that the EAI will be patient-ready.

5.7 Reprocessing of EAIs should be the specific responsibility of appropriately trained personnel. Temporary employees without the requisite training should not be given these responsibilities.

5.7.1 The responsibility for reprocessing of EAIs should not be delegated from person to person unless each has the appropriate training for the position.

5.7.2 Reprocessing personnel should have the ability to read, understand, and implement instructions from manufacturers and regulatory agencies as they relate to EAI reprocessing.

5.7.3 Reprocessing personnel should have the opportunity to become completely familiar with the mechanical aspects of the devices. They may gain this knowledge through study of the manufacturer's information and demonstration by representatives.

5.7.4 Reprocessing personnel should be made fully aware of the potential chemical and infectious hazards for patients and health care personnel associated with the reprocessing of EAIs. Training should include:

5.7.4.1 A thorough background in infection control principles and concepts based on written in-house infection control procedures.

5.7.4.2 A thorough background regarding the potential for negative patient outcomes resulting from lapses in compliance with written reprocessing guidelines,

5.7.4.3 Familiarization with OSHA regulations and in-house policies regarding the appropriate and safe handling of chemical reprocessing agents and equipment used during reprocessing of EAIs, and

5.7.4.4 Information on the safe handling of EAIs contaminated with patient tissue and fluids after use, including familiarization with principles and practices of standard (universal) precautions.

NOTE 1—Although healthcare workers and patients may benefit from

adhering to the regulatory guidelines issued by federal and state Occupational Safety and Health Administration (OSHA) agencies, these guidelines are directed only toward healthcare worker safety and health. They may not be sufficiently inclusive for optimum safety and health of patients. Therefore, contemporary infection control guidelines should be consulted in addition to OSHA guidelines.

5.8 This practice is not intended to replace the reprocessing instruction provided by the manufacturers of EAI or suggest specific equipment or chemical reagents to be used for reprocessing. Rather, it is to be used together with manufacturers' instructions that provide specific instructions for specific products. See Appendix X1.1.

5.9 This practice is not intended to cover endoscopic techniques, patient care, or other medical aspects of flexible endoscopy.

5.10 This practice does not include instruction for reprocessing flexible endoscopes.

6. Reagents

6.1 *Air*—Air flow provided by a syringe or compressed air source. (Refer to the EAI manufacturer's instruction to avoid the use of excessively high air pressure)

6.2 *Detergent*—A low foaming, neutral pH detergent, with or without enzymes, used for initial soaking and manual cleaning that is compatible with EAI and is specifically formulated for use with medical devices.

6.3 *Ultrasonic Cleaning Detergent*—A detergent that is compatible with EAI and specifically formulated for use in an ultrasonic cleaner.

6.4 *Water*—Fresh, potable water.

NOTE 2—In areas where water hardness may result in scaling or corrosion of metal instruments, the use of distilled, deionized, or softened water should be considered as appropriate for rinsing and preparation of cleaning reagent dilutions.

6.5 *Lubricant*—A lubricant that is compatible with EAI that require lubrication before sterilization and is specifically formulated for use with medical devices.

7. Equipment and Supplies

7.1 *Basins*—Must be large enough to totally immerse the EAI without coiling too tightly. See the EAI manufacturer's instruction for minimum radius of coiling of specific accessories. Basins needed are:

7.1.1 Cleaning basin, and

7.1.2 Lubrication basin.

7.2 *Cleaning Tools*—Soft, lint-free cloth, brushes, adapters, sponges, syringes, and other manufacturer-recommended cleaning items.

7.3 *Personal Protective Equipment:*

7.3.1 *Gloves*—High-quality latex, butyl, or nitrile rubber gloves that fit properly and are of adequate length to prevent skin exposure to liquids.

7.3.1.1 Gloves must be changed at appropriate times to limit cross contamination and must be removed prior to leaving the designated reprocessing area. They must be discarded if they are cracked, peeling, punctured, or when their ability to function as a barrier has been otherwise compromised. Hands must be washed thoroughly with soap and water before each donning and after removal of gloves.

7.3.2 *Gowns*—Fluid impervious protective clothing must be worn when handling contaminated EAI and when working with reprocessing chemicals.

7.3.2.1 Gowns used during EAI reprocessing must be removed prior to leaving the designated reprocessing area.

7.3.3 *Protective Eye Wear*—Face masks and protective eyewear or face shields should be worn to protect the face and eyes from contact with reprocessing chemicals and potentially infectious material.

7.4 *Ultrasonic Cleaner*—Must be large enough to totally immerse the EAI without coiling them too tightly, and must be able to operate within a frequency and power range that will not damage the instruments. See the EAI manufacturer's instructions for specifications regarding the minimum radius of coiling of specific models, the required frequency range of the ultrasonic cleaner, and the maximum power of ultrasonic transducers.

7.5 *Sterilizer*—Must be a heat-based process (for example, a steam autoclave or forced-air dry heat oven) and capable of meeting the conditions for the sterilization cycle validated by the EAI manufacturer.

7.5.1 The sterilizer also should be used to dry the packaged EAI at the conclusion of a moist heat sterilization cycle.

7.5.2 Biological and chemical (temperature/color change) monitoring of the sterilizer should be done routinely according to the facility's protocol or national standards, or both.

7.5.3 General operation, maintenance, and calibration of the sterilizer should be done according to the sterilizer manufacturer's instructions.

7.6 *Air Ventilation*—A well-ventilated area with between 8 and 10 air exchanges per hour to protect personnel from potentially hazardous fumes or chemical or biological aerosols.

8. Procedure

8.1 *Cleaning:*

8.1.1 *Manual Cleaning:*

8.1.1.1 Don all necessary personal protective equipment.

8.1.1.2 Prepare fresh aqueous detergent solutions for manual cleaning in accordance with the manufacturer's specifications, at the dilution strength recommended by the detergent manufacturer.

8.1.1.3 Immediately after removal of the EAI from the endoscope, completely submerge the EAI in the detergent solution. Do not permit the EAI to dry while contaminated with patient material.

8.1.1.4 Brush or wipe, or both, all debris from all assessable surfaces of the EAI using a clean, detergent-soaked, lint-free cloth or brush, or both.

8.1.1.5 If the EAI is equipped with a port that permits flushing of its internal lumen, inject fresh detergent solution into the port with a syringe until it exits the distal end and the solution is clear and free from visible patient material. Discard this solution after a single use.

8.1.1.6 If required, disassemble the EAI according to the manufacturer's instructions.

8.1.1.7 Activate the EAI through normal motions and working mechanisms to help expose all surfaces for manual cleaning and to dislodge residual patient material. Carefully

clean all accessible surfaces and moving parts of the submerged EAI, taking care not to stress or damage those components.

8.1.1.8 Allow the EAI (and component parts) to soak in the detergent solution for the time and temperature specified by the detergent manufacturer. Soaking times may range in duration from a few minutes to several hours. Discard this solution after a single use.

8.1.1.9 Rinse the instrument (and component parts) under fresh running water.

8.1.1.10 If the EAI is equipped with a port that permits flushing of its internal lumen, inject water into the port with a syringe until it exits the distal end, until the solution is clear and free from visible foam or patient debris, or both.

8.1.2 *Ultrasonic Cleaning:*

8.1.2.1 Transfer the EAI (and component parts) to an ultrasonic cleaner containing an ultrasonic cleaning detergent solution recommended by the EAI manufacturer as being compatible with the instrument. If required, dilute the ultrasonic cleaning detergent solution in accordance with the recommendations of the detergent manufacturer.

8.1.2.2 Prepare fresh detergent solutions for ultrasonic cleaning in accordance with the manufacturer's specifications, at the dilution strength recommended by the detergent manufacturer. Change the solution at the end of the day or when visibly soiled.

8.1.2.3 If the EAI is equipped with a port that permits flushing of its internal lumen, inject detergent solution into the port with a syringe until it exits the distal end to ensure that the solution contacts all internal parts.

8.1.2.4 Ultrasonically clean the EAI (and component parts) at the frequency, power, and time recommended by the EAI manufacturer.

8.2 *Rinse After Cleaning:*

8.2.1 Remove the EAI (and component parts) from the ultrasonic cleaner and submerge in a basin for rinsing.

8.2.2 For an EAI equipped with a port that permits flushing of its internal lumen, inject three syringe volumes of fresh water into the port to ensure that residual detergent is removed. Discard this solution after a single use.

8.2.3 Purge excess water from the lumen with air.

8.2.4 Remove excess water from the exterior surfaces with a clean, lint-free cloth.

8.2.5 For an EAI requiring disassembly and for which the manufacturer's instructions indicate that the instrument can be sterilized in an assembled configuration, reassemble the component parts. If an instrument requiring disassembly cannot be reassembled prior to sterilization, then reassemble the sterilized parts immediately prior to use (see 8.8.1).

8.3 *Lubrication:*

8.3.1 Consult the reprocessing instruction of the EAI manufacturer to determine whether or not lubrication is required prior to sterilization. If lubrication is not required, proceed to 8.4.

8.3.2 If lubrication is required, refer to the lubricating agent's labeling for preparation and use instructions of the agent.

8.3.3 Immerse the instrument in the lubricant solution in the

manner and time specified by the EAI manufacturer.

8.3.4 If the instrument is equipped with a port permitting flushing of its internal lumen, inject lubricant into the port with a syringe until it exits the distal end. Purge excess lubricant from the lumen using air.

8.3.5 Remove excess lubricant and dry the exterior surfaces with a clean, lint-free cloth.

8.4 *Inspection and Operational Check*—Closely inspect the EAI for damage and, if feasible, perform appropriate functional checks as indicated by the manufacturer to ensure instrument integrity and smooth operation (see 8.8.2).

8.5 *Heat-Based Sterilization:*

8.5.1 Consult the EAI manufacturer's instruction regarding the recommended sterilization methodology (that is, gravity displacement or prevacuum steam sterilization, forced-air dry heat oven). It is necessary to employ a heat sterilization methodology that is properly maintained, biologically monitored according to institution protocol or national standards, or both, and for which quality assurance logs of operational parameters (for example, time and temperature charts) are kept.

8.5.2 Place the EAI in the type of packaging material and package configuration recommended by the manufacturer of the sterilizer. Refer to the EAI manufacturer's instructions regarding the minimum radius of curvature, as coiling a flexible EAI too tightly will damage the device.

8.5.3 Place a fresh color change heat process indicator strip inside each package, or place a strip of process indicator tape on the external surface of the package. Seal the packaging and label it appropriately for subsequent identification and record keeping.

8.5.4 Place the sealed packaging into the sterilizer in the manner specified by the sterilizer manufacturer.

8.5.5 Sterilize the EAI using a cycle recommended by the EAI manufacturer. A steam sterilization cycle should include a drying phase that permits complete drying of the sterile packaging prior to handling. This drying may be accomplished either by using a distinct phase of the sterilization cycle or by leaving the packages for the necessary time at the end of the cycle with the autoclave door slightly ajar.

8.6 *Inspection Before Storage*—Confirm that the sterile packaging is free from tears and is sealed. If tears or inadequate sealing, or both, are detected, remove the EAI from the package, repackage and resterilize appropriately.

8.7 *Storage*—After removal of the packaged instruments from the sterilizers, store in a limited-access, well-ventilated area that provides protection from dust, moisture, and extremes of temperature and humidity.

8.8 *Assembly, Inspection and Operational Check:*

8.8.1 If an instrument requiring disassembly could not be reassembled prior to sterilization, reassemble in a hygienic manner on a clean work surface with fresh gloves immediately prior to use.

8.8.2 If not done during reprocessing, perform appropriate functional checks as indicated by the manufacturer to ensure instrument integrity and smooth operation.

9. Keywords

9.1 cleaning; endoscopic accessory instrument (EAI); flexible endoscope; heat stable instrument; heat sterilization;

reprocessing; reusable; ultrasonic cleaning

APPENDIX

(Nonmandatory Information)

X1. RATIONALE

X1.1 Manufacturers of heat-stable EAIs provide reprocessing instruction for each type/model produced. These have not been standardized in the past. Although certain professional organizations have also produced guidelines that address reprocessing of EAIs, these guidelines also have not been standardized. This has led to confusion among users of the devices as to how to properly care for the instrumentation. Table X1.1 gives examples of these types of devices.

TABLE X1.1 Reusable, Heat-Stable Endoscopic Accessory Instruments (EAI) for Use with Flexible Fiberoptic and Video Gastrointestinal Endoscopes^A

Description	Type
Biopsy forceps	Standard fenestrated Standard fenestrated with needle Fenestrated ellipsoid with needle Non-fenestrated with needle (large cup) Fenestrated with needle (large cup) Standard ellipsoid Fenestrated ellipsoid Fenestrated with side teeth Standard fenestrated for ultrasound Fenestrated V-shaped Alligator type Alligator jaws Rat tooth Oval static cup Oval rat tooth static cup Oval fenestrated rat tooth swing jaw
Rotatable biopsy forceps	Fenestrated Fenestrated with needle Rat tooth with alligator jaws (swinging type)
Hot biopsy forceps	Hot biopsy forceps
Grasping forceps	Alligator jaws Rat tooth Tripod type (for polyps) Pentapod (for polyps) Shark tooth W/V-shape jaw (for coins) Pelican type (for food obstruction) Basket type (for marbles, stones, seeds) Rubber tips (for needles, nails) Magnetic extractor (for metallic objects) Rat tooth with alligator jaws Rotatable rat tooth with alligator jaws
Cytology brushes	Reusable standard cytology brush
Aspiration biopsy needles	Reusable sheath for standard type needle Reusable sheath for side port type needle
Curette	Double-joint curette
Injector needles	Reusable sheath for injector needles
Measuring devices	Straight type Bendable tip
ERCP cannulae	Standard beveled tip Standard beveled stiff tip Long tapered tip Short tapered tip Metal tip Metal ball tip Indwelling type

TABLE X1.1 Continued

Description	Type
Sphincterotomes	Push type Pull type Push and pull type
Mechanical lithotripter	Mechanical lithotripter
Stone retrieval baskets	Soft wire basket Hard wire basket
Suture cutters	Suture cutters
Surgical scissors	Surgical scissors
Washing pipes	Standard type Spray type Back flushing type
Electrosurgical snare	Crescent Hexagonal Oval Mini oval Oval with spike (thorn) Mini oval with spike (thorn)
Coagulation electrode	Ball point type Irrigation type Suction type
Clip fixing device for marking or hemostasis, or both	Clip fixing device for marking or hemostasis, or both
Diathermic pre-cutting knives	Needle type Flat type
Guidewire	Guidewire
Heat probe	Heat probe

^AThe descriptions and/or specific types of accessories listed in this appendix are only examples for reference purposes. The application of this standard practice includes, but is not limited to the instruments identified in this section of the appendix.

X1.2 Virtually all cases of patient infection or cross-contamination reported in the medical literature are the result of short cuts in reprocessing or other breaks in proper reprocessing procedure (user non-compliance), use of inappropriate chemicals, or a misunderstanding of the consequences of eliminating important steps of the overall reprocessing protocol.

X1.3 Other important information:

X1.3.1 *Low-Sudsing Detergents*—The presence of excessive sudsing can prevent good fluid contact with the EAI being reprocessed.

X1.3.2 *Basin Size*—Coiling a flexible EAI too tightly will damage the device. Refer to the EAI manufacturer's instructions regarding the minimum radius of curvature.

X1.3.3 *Fume and Aerosol Controls*—Airborne material from basins containing cleaning solutions and from ultrasonic cleaners may contain toxic fumes or potentially infectious agents. Using proper physical barriers and engineering controls should minimize exposure of patients and medical staff to chemical fumes, splashes or aerosols.

X1.3.4 *Soft, Lint-Free Cloth*—Abrasive materials will damage EAIs. Lint may collect in and occlude internal lumens or

moving parts, or both, of the instruments.

X1.3.5 *Personal Protective Equipment:*

X1.3.5.1 Gloves and gowns help prevent the healthcare worker from contact with contaminated instruments, patient secretions, blood, stool, and any reprocessing chemicals that may be irritating to the skin.

X1.3.5.2 Face masks and protective eye gear help prevent reprocessing chemicals and potentially infectious material from contaminating the face, mouth, or eyes.

X1.3.6 *Immediate Cleaning After Use*—Meticulous cleaning of EAIs immediately after use prevents drying of organic material on interior and exterior surfaces, removes large numbers of microorganisms, and is a necessary prerequisite to any sterilization or other decontamination procedure.

X1.3.7 *Disassembly*—EAIs designed to be disassembled and then reassembled during reprocessing should be disassembled during preliminary cleaning in order to ensure complete removal of debris. Disassembly will permit contact of cleaning agents with formerly inaccessible regions of the assembled EAI. Residual patient material or other debris that is not removed from the instrument may cause a sterilization cycle to fail and may contain endotoxic or immunogenic substances and other material potentially harmful to the next patient.

X1.3.8 *Internal Lumens*—If an EAI has an internal lumen, it is important that the lumen be adequately contacted with detergent solution, rinsed to remove residual detergent, and dried to remove water used for rinsing prior to sterilization. EAIs that have lumens may have special fittings to permit the connection of cleaning adapters, for example, luer-lock syringes. Refer to the EAI manufacturer's instructions for specifics regarding the cleaning of EAI lumens.

X1.3.9 *Dilution of Solutions*—Dilution of reprocessing solutions such as detergents and ultrasonic cleaning solutions to the recommended strength should be performed very carefully, since excessive dilution may render the solution ineffective, while inadequate dilution may corrode EAIs or increase the difficulty of performing adequate rinsing.

X1.3.10 *Functional Checks*—Users should refer to manufacturers' instructions for reusable EAIs. Manufacturers must provide adequate instructions for functional checks to allow the user to confirm that its performance is acceptable for reuse.

X1.4 This practice represents current standard practice and is generic in nature. The steps in this practice may be modified should an alternative reprocessing procedure be developed and properly validated.

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